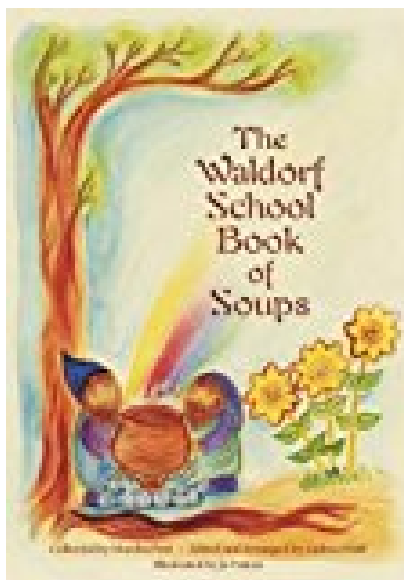


The Waldorf School Book of Soups



BOOK DETAILS

- Author :
- Pages : 64 Pages
- Publisher : Bell Pond Brooks
- Language : English
- ISBN : 0880105755



BOOK SYNOPSIS

Whether as a quick snack, part of a full-course dinner, or as the whole meal, there is nothing quite like a good bowl of soup. These recipes reflect the care and awareness that goes into providing proper nutrition for children and adults alike, while never ignoring the palate. Many Waldorf schoolteachers, staff, parents, alumni, and friends of the Waldorf school movement have contributed their favorite recipes to make up this collection. You will find everything from stocks and broths to selections of vegetable, bean, cream, tomato, seafood, chicken, beef, and dessert soups ... and, of course, no book of soups would be complete without a recipe for Stone Soup! This cookbook has something here for everyone.

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