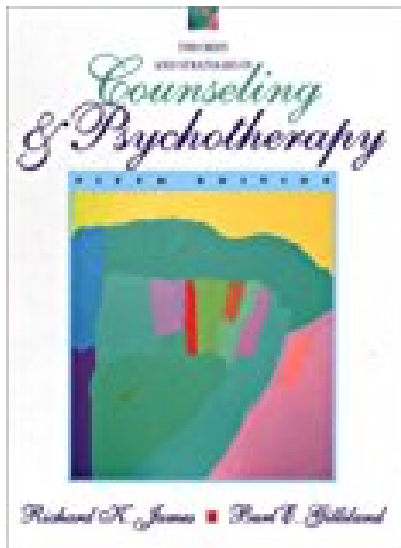


Theories and Strategies in Counseling and Psychotherapy 5th Edition



BOOK DETAILS

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BOOK SYNOPSIS

Theories and Strategies in Counseling and Psychotherapy emphasizes core theories and current trends in the world of counseling and psychotherapy. This is a book that operates in real time. It puts the reader directly into psychotherapy as it is being practiced today through the latest theoretical research and delivery systems. The central axiom in the fifth edition is change-to accommodate the emerging ecological healthcare climate and to incorporate the expanding therapeutic strategies that continue to evolve. For anyone interested in counseling and/or psychotherapy.

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